



Lakeland Senior Center Calendar of Events – September 2023

For printable calendar or to register, go to www.lakelandtn.gov Look under Residents, click on Seniors 55+ and scroll down and you will see links for calendars and preregistration. Activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>Lakeland Senior Center is a gathering place for friends!</p>	<p>Thanks to Creative Aging for providing entertainment for the Fall Y'all Dinner!</p>	<p>1 Ice Cream Social, Noon BINGO (White Elephant) 12:30 pm</p>	<p>2 </p>
<p>3 Lakeland Senior Center is located at 4527 Canada Rd, next door to IH Clubhouse. 746-8195. Open Mon-Fri from 8:00 am – 4:30 pm</p>	<p>4 The Senior Center is closed in observance of Labor Day</p>	<p>5 Free For All, 10 am *Whimsical Art – Lemonade by the Beach, 10 am</p>	<p>6 Wednesday Games, 11:30 am Book Club, 1-2:30 pm Book: " Chair Yoga, 3 pm; \$3 per person</p>	<p>7 Walk with Friends (inside), 9-10 am *Ceramic Pottery by Adam, 11 am Watercolor, 1 pm</p>	<p>8 Dulcimer, 10 am (IHC) Mexican Train (FULL), 10 am (Rec Room) Social Bridge, 12-3 pm</p>	<p>9</p>
<p>10 Want more info? Do you and/or a friend want to be added to the email & mailing lists? Call (901) 746-8195 or email seniors@lakelandtn.org</p>	<p>11 Walk with Friends, 9 am Linear Perspective (5 of 6), 10 am (FULL) Ladies BUNCO (FULL), 11 am Jamming, 2 pm</p>	<p>12 Free For All, 10 am *Movie Day, Noon Movie: "Book Club, The Next Chapter" (Popcorn/snacks)</p>	<p>13 *Lunch & Learn: "Creating Interest in a Winter Garden," by MG, David Fuchs), 10 am (lunch after) Wednesday Games, 11:30 am *Jewelry (earrings), 1 pm</p>	<p>14 *Craft: Card Making, 11 am Watercolor, 1 pm Line Dance, 3 pm; \$3 Chair Yoga (Wednesday), 3 pm; \$3</p>	<p>15 *Fall Y'all Dinner, 6 p.m. \$12 person. Tickets go on sale, Fri., Aug. 18, at 10 am Entertainment: The Side Street Steppers.</p>	
<p>17</p>	<p>18 Walk with Friends, 9 am Linear Perspective CA Workshop 6 of 6, 10 am (FULL) Game Day (FULL), 11 am Jamming, 2pm</p>	<p>19 Free For All, 10 am *Craft: (Fake: Ice Cream Sundae), 10 am Multi-media Art by Penny, 1 pm</p>	<p>20 Wednesday Games, 11:30 am Chair Yoga, 3 pm \$3 per person</p>	<p>21 Walk with Friends (inside), 9-10 am Watercolor, 1 pm</p>	<p>22 Mexican Train (FULL), 10 am Social Bridge, 12-3 pm (Rec Room)</p>	
<p>24 It's easy to make friends at LSC!</p>	<p>25 Walk with Friends, 9 am Ladies BUNCO (Tables FULL) 11 am - 1 pm Jamming, 2pm</p>	<p>26 Free For All, 10 am *Canvas Art by Penny (Raccoons), 1 pm</p>	<p>27 Wednesday Games, 11:30 am NO CHAIR YOGA TODAY</p>	<p>28 Walk with Friends (inside), 9-10 am Watercolor, 1 pm Line Dance, 3 pm; \$3</p>	<p>29 Ice Cream Social, Noon BINGO 12:30 pm</p>	<p>30 The Rec Room is open for Pool and Shuffleboard upon appointment. Call (901) 746-8195 to set it up.</p>