



Lakeland Senior Center Calendar of Events – December 2023

Activity days and times are subject to change. Calendar updates will be posted on the [Just for Seniors](http://www.justforseiors.com) webpage.

For printable calendar or to preregister, go to www.lakelandtn.gov Under Residents, click on Seniors 55+ and scroll down. Click in links for calendars and preregistration. *All activities in green require preregistration.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>Lakeland Senior Center is a gathering place for friends!</p>		<p>1 Hot Coca Social, Noon</p>  <p>(White Elephant) 12:30 pm</p>	<p>2</p>
<p>3 Lakeland Senior Center is located at 4527 Canada Rd, next door to IH Clubhouse. 746-8195. Open Mon-Fri from 8:00 am – 4:30 pm</p>	<p>4 Ladies BUNCO (Tables FULL) 11 am - 1 pm</p> <p>Jammin' Group, 2 pm</p>	<p>5 Free For All, 10 am</p> <p>*Whimsical Art: Healing Angel, 10 am</p> <p>*Craft: Christmas Charger Plate, Noon</p>	<p>6 Wednesday Games, 11:30 am</p> <p>Book Club, 1-2:30 pm Book: "</p> <p>Chair Yoga, 3 pm; \$3 per person</p>	<p>7 Walk with Friends, 9-10 am</p> <p>*NEW Craft: Air Dry Clay (Christmas project), 10 am</p> <p>*Watercolor, 1 pm</p>	<p>8 Christmas</p>  <p>12:30 to 3:00 pm (Bring a wrapped \$10 gift to play Secret Santa.) Mexican Train (FULL), 10 am</p>	<p>9 River City Boppers Dance, 7 -10:00 pm (IH Club). \$6 for members/Lakeland residents; \$9 for guests.</p>
<p>10 Want more info? Do you and/or a friend want to be added to the email & mailing lists? Call Kim Odom, Senior Center Manager, at 746-8195 or email kodom@lakelandtn.org</p>	<p>11 Game Day (FULL), 11 am</p> <p>Jammin' Group, 2 pm</p>	<p>12 Free For All, 10 am</p> <p>*Craft: Snowman shelf leaner, 10 am</p> <p>*Movie Day, Noon (Popcorn/snacks) Movie: "A Christmas Story"</p>	<p>13 Wednesday Games, 11:30 am</p> <p>Chair Yoga, 3 pm; \$3 per person</p>	<p>14 Walk with Friends, 9-10 am</p> <p>*Watercolor, 1 pm</p>	<p>15 Christmas Dinner & Dance with The Boomers (Christmas Sock Hop), 6 pm. Ticket are \$12 person. (Catered meal to be announced)</p>	
	<p>18 Ladies BUNCO (Tables FULL) 11 am - 1 pm</p> <p>Jammin' Group, 2 pm</p>	<p>19 *Craft: Gingerbread man cutting board, 10 am</p> <p>Free For All, 10 am</p> <p>Multi-media Art by Penny, 1 pm</p>	<p>20 Wednesday Games, 11:30 am</p> <p>Chair Yoga, 3 pm; \$3 per person</p>	<p>21 Walk with Friends, 9-10 am</p> <p>No Watercolor</p>	<p>22 Mexican Train (FULL), 10 am</p> <p>Social Bridge, 12-3 pm</p>	
<p>24/31</p>	<p>25 Senior Center is closed in observance of Christmas.</p>	<p>26 Senior Center is closed in observance of Christmas.</p>	<p>27 Wednesday Games, 11:30 am</p> <p>Chair Yoga, 3 pm; \$3 per person</p>	<p>28 Walk with Friends, 9-10 am</p> <p>No Watercolor</p>	<p>29 *New Year's Celebration with Games, Treats & Friends, 11 to 3 pm</p>	<p>30/31 Senior Center is closed on the 31st in observance the New Year's Holiday</p>